



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Cereal WG Fresh Fruit	Apple Cinnamon Bagels WG Cream Cheese Fresh Fruit	Morning Glory Muffin Fresh Fruit	Peach Yogurt Parfait Crunchy Granola WG Fresh Fruit	Berry Waffles WG Fresh Fruit
LUNCH	3 Cheese Rigatoni w/ Mozzarella Roasted Broccoli Fresh Fruit	Mac & Cheese Roasted Broccoli Fresh Fruit	Cheddar Cheese Sandwich Carrot Bites Fresh Fruit	Easy Cheesy Noodles Peppers & Tomatoes Fresh Fruit	Turkey & Cheese on Focaccia w/ Pickles Green Peas Fresh Fruit
SNACK					

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.