

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Cereal WG Fresh Fruit	Raisin Roll Butter Fresh Fruit	Apple Cinnamon Oatmeal Muffin Fresh Fruit	Mixed Berry Yogurt Crunchy Granola WG Fresh Fruit	Mini Bagels WG Jam Fresh Fruit
LUNCH	Turkey Cheddar Wrap Sliced Cucumbers Fresh Fruit	Macaroni & Cheese Roasted Vegetables Fresh Fruit	Salami Sandwich Carrot Sticks Fresh Fruit	Easy Cheesy Noodles Roasted Zucchini & Tomatoes Fresh Fruit	NYC Chopped Cheese Sandwich Whole Grain Rolls Home Fries Fresh Fruit
SNACK					

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.